

# *International Hiking Retreat!*

## **“Walking with God in His Creation!”**



### **Animation & guidance**

Allard Kouwenhoven, CLC & team

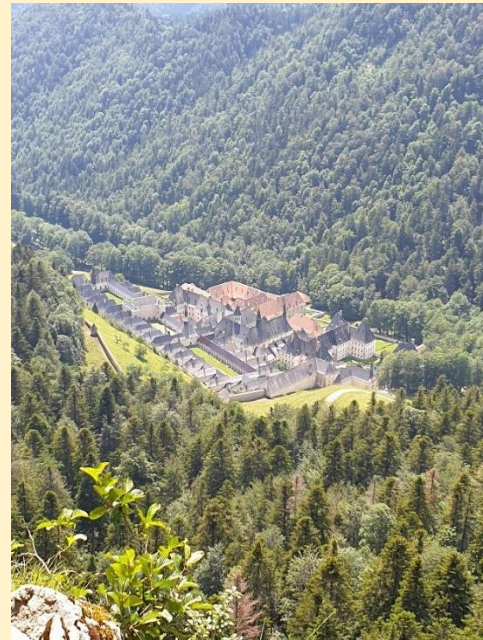
Philippe Marbaix sj

**From Saturday July 6th 2024 (6.30pm) until Saturday July 13th 2024 (9 am)**

### *Summary :*

A week of hiking, fraternal life and prayer in an international context

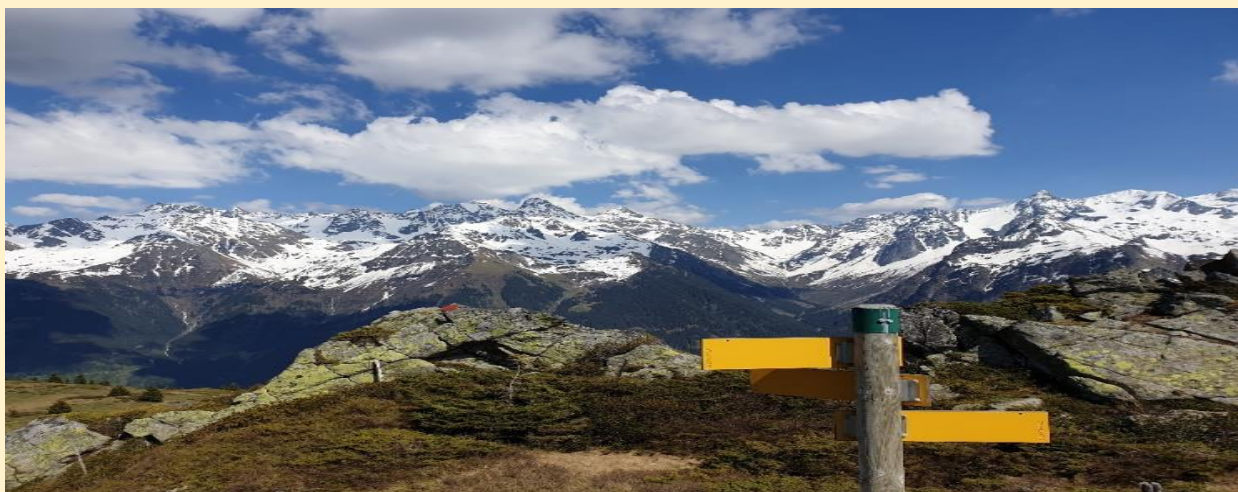
- Appr. 5 to 6 hours hike a day with a difference of altitude of appr. 700- 800 meters per day
- Participants must be able to share in French or English; ideally speak a minimum of both languages
- Requires some mountain experience and a good physical shape
- This session is open to all CLC members or people who are interested to discover CLC the Ignatian spirituality.



or in

or

**« Jesus went up a mountainside and called to him those he wanted “ Mk 13,3 »**



Six days Ignatian retreat. Praying and hiking in middle of the beautiful mountain chains of Belledonne and Chartreuse (Alpine mountain regions close to Grenoble):

- To experience being part of a community in a fraternal and international setting
- To recognize the traces of God in the Creation, in the human story, and in our own life.
- Times of silence (in the Centre and in the mountains) and times of exchange (during meals and the afternoons) shall be alternated.
- To live together times of sharing (in French and in English). The texts with which we work will be available in both French and English.



### Typical organization of the day

- 7.15am Group prayer & introduction morning theme
- 7.45 am Breakfast & preparation of the pick nick
- 8.30 Departure by car
- 9.30 Start of the hiking
  - Pause et prayer
  - Hiking
- 12.45 Pick nick
- 1.30pm Introduction of the theme of the afternoon
  - Hiking
  - Pause & prayer
  - Return by car
- 5.45 Arrival at the Centre
  - Free time or Celebration
- 7pm Dinner
  - Service
- 8 pm Sharing in groups
- 9 pm End of the common day program

### The spiritual Centre of St Hugues de Biviers

We will be staying at the Centre St Hugues de Biviers, at 10 miles from Grenoble. This Centre is managed by the Christian Life Community – CLC – and offers retreats based upon de Ignatian spirituality, in majority in silence. For this reason it will be required to respect the silence within the Centre. We will take the car every day to go to a different place in the surrounding mountains for the hike of the day (average driving time is around 50 minutes).

The equipment of the Centre is basic. The rooms are single (possibility to have a double room) , with shared showers and toilets by floor.

An optional night might be possible to arrive on Friday and have some rest before the start of the retreat on Saturday evening.



Cost of this session is around 545 euros

If you have the desire to join but if the cost is an issue for you - please mention this in your discussion with one of the organizers.

Subscriptions: only on-line on [the site of the Center](#) (click on "Inscription")

You will be contacted afterwards by one of the organizers of the retreat. The subscription form is in French – if you need help please contact one of us.

Contacts for questions :

**[allard\\_kouwenhoven@yahoo.com](mailto:allard_kouwenhoven@yahoo.com)**